

Support Resources for Faculty

Faculty & Staff Mental Health Care

The Coordinator of Faculty & Staff Mental Health Care provides consultative services & support to resolve behavioral health issues, serves as a primary crisis intervention resource to facilitate and coordinate appropriate resources, provides time-limited case management for individual employees, and develops and implements instructional training & materials to assist in the promotion of mental well-being for all UCI and UC Irvine Health faculty & staff.

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949.824.5208

Employee Assistance Program (Guidance Resources)

The Employee Assistance Program (EAP) is a free, confidential benefit that can help address personal or work-related issues faced by UCI faculty, staff, retirees and dependents at both the UCI Campus and UC Irvine Health. This service, staffed by experienced clinicians, is available 24 hours a day, seven days a week.

Call: 844.824.3273
www.guidanceresources.com

Medical Coverage Behavioral Health Benefits

UC's medical coverage includes behavioral health benefits for mental health services and substance abuse treatment. Members can use their behavioral health benefits for sessions with counselors, psychologists or psychiatrists to address issues.

Susan Pihl – Director of Benefits
949.824.9151
spihl@uci.edu

Campus Assault Resources & Education (CARE)

UCI CARE provides free and confidential support services to members of the UCI community impacted by sexual assault, relationship abuse, and family violence and/or stalking.

949.824.7273
care@uci.edu
www.care.uci.edu

Worklife & Wellness

Supports employees & retirees in achieving a more balanced and healthy lifestyle.

Dyan Hall – Manager
949.824.5429
mdyhall@uci.edu
www.wellness.uci.edu

Conflict Resolution Services

Confidential services available to staff and faculty who wish to discuss work-related concerns.

Njeeri Wa Ngugi – Director
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